



Dr. Edgar J. Helms, founder of Goodwill Industries, worked passionately to establish the first 70 Goodwill organizations and more than a century later the mission still thrives. We do the greatest good by helping people with a hand-up to develop their God-given gifts through education, work, and career development. Helms College, named after our founder, was established by Goodwill Industries of Middle Georgia and the CSRA offering several educational pathways, including our Culinary Arts program. Guests of Edgar's Bistro and the Andersen Conference Center and our other venues help support our mission by frequenting locations which serve as applied learning venues for our students.

Thank you for your patronage that helps build lives and families — one beverage, one meal, one event and one gift at a time.

## OUR CORE MENU IS SUPPLEMENTED WEEKLY WITH STUDENT-CREATED SPECIAL ITEMS

### SALADS

*(entrée size) add grilled chicken +4, grilled shrimp +5*

#### MAPLE ROASTED VEGETABLE SALAD 6

fresh spinach, maple roasted brussels sprouts, butternut squash, beets, toasted almonds, dried cranberries, goat cheese crumbles, house mustard vinaigrette

#### ULTIMATE CAESAR 6

crisp romaine, kalamata olives, cherry tomatoes, candied bacon, house focaccia croutons, fried capers, shaved parmesan, house caesar dressing

### SANDWICHES

*sandwiches served with choice of french fries, house salad (romaine, kalamata olives, cherry tomatoes, parmesan, house focaccia croutons, choice of dressing), soup du jour +1, veg du jour +1*

#### PROSCIUTTO ON FOCACCIA 9

prosciutto, caramelized onion and herb boursin, fig jam, balsamic tossed arugula, house made focaccia

#### NASHVILLE HOT CHICKEN SANDWICH 10

breaded and fried chicken breast, nashville hot seasoning, spicy sweet chili aioli, pickle chips, pretzel bun

#### CHICKEN SHAWARMA WRAP 11

spiced chicken thigh, cucumber, tomato and grilled red onion salad, house garlic tzatziki sauce, wrapped in grilled naan bread

#### PATTY MELT WITH CHIPOTLE AIOLI 11

two 3oz. burger patties, melted cheddar, crispy bacon, grilled red onion, chipotle aioli, toasted sourdough

### ENTRÉES

#### WINTER VEGETABLE PASTA WITH SAUSAGE 11

pappardelle pasta, maple roasted butternut squash, sautéed spinach, italian sausage, browned butter and sage bechamel, caramelized onion, herbed boursin cheese

#### MOROCCAN LAMB TAGINE 14

long braised tender lamb, rich moroccan spiced sauce, mild green olives, lemon herbed couscous

#### PERUVIAN CHICKEN 12

marinated and grilled bone-in chicken thigh, turmeric rice, creamy aji verde sauce, seasonal veg du jour

#### BEER BBQ SHRIMP AND GRITS 13

plump spiced shrimp, creamy grits, made-to-order beer, butter and garlic sauce

### DESSERTS

#### TIRAMISU 5

coffee and rum dipped lady fingers, mascarpone whipped cream, cocoa powder

#### CRANBERRY ORANGE CUSTARD PIE 5

cranberries baked with an orange custard, fresh whipped cream